

Whilst You Are At Home
We are going to stay in touch



21st April 2020

Positive Message of the Week

Hello everyone, because we cannot visit you in your schools at the moment, we are now on our third weekly message. Each week we will be adding new activity ideas for you to do at home either by yourself, a family member or your personal friends online.

We are all aware of the changes still going on at the moment which might make you feel scared or worried. That's OK. It's totally normal to feel like this. We all need to remember this situation won't last forever. Remember we are staying in touch with you to help keep you safe.

PCSO GEORGIE GRIFFITHS SAYS HI

Please don't talk to strangers Online



*When outside for your exercise
Always use the Green Cross Code.*



Always wear your seat belt in the car

Make sure you wear
your helmet whilst on
your bikes



Police Safety Messages

You are all smart children and we want you to remember the Online Safety messages your parents, your teachers and the PCSO's talk to you about all the time! This week we want you to focus on Not sharing personal information or communicating with people you don't really know.

This message came from **PCSO Georgie Griffiths**

Think about the following messages:

- Don't talk to strangers Online.
- Always use the Green Cross Code.
- Don't run across the roads.
- Always wear your seat belt.
- Always wear your helmet when your on a bike.
- Always tell someone you trust if something upsets you.

Cheshire Police
PCSO's
working together
to keep you safe
at all times



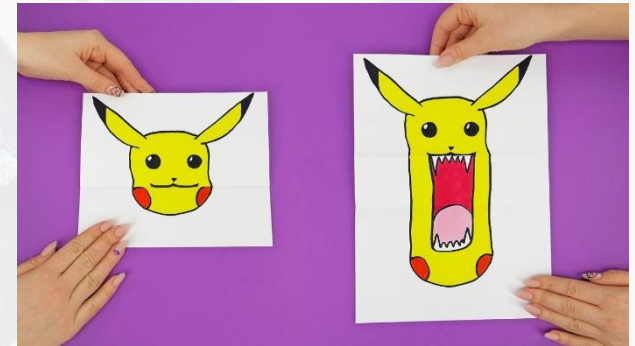
Activities

This weeks Drawing Project

What does a key worker look like?

Maybe write a story about key workers, thinking about how others help Us.

How about a poem, that can be shared with family, friends, your teachers or your local Police.



Riddle: What do you call a Fairy who hasn't had a bath?

Answers on last slide, no peeking until you've had a go at this!



**ART
MAKES
CHILDREN
POWERFUL**

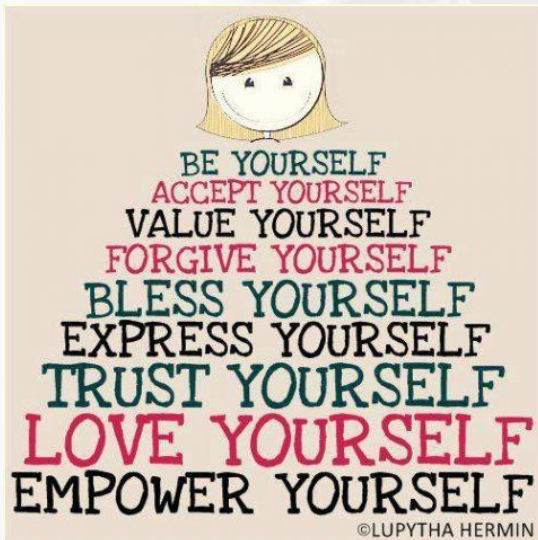
"Riddle: Why are Teddy Bears never hungry?"

Answers on last slide, no peeking until you've had a go at this!



Words that describe
ME!

This is me:



POSITIVE WORDS FOR KIDS

I AM:



EMPOWERED
RESPECTED



LOVED
SAFE
KIND

COMPASSIONATE
EMPATHETIC
LISTENED TO
A LEARNER
HEALTHY

STRONG
CONFIDENT
RESILIENT
HONEST
A PROBLEM SOLVER
ADVENTUROUS
FUNNY
SMART
ARTISTIC
ATHLETIC
BRAVE
DETERMINED
UNIQUE

LOVING
CARING
INQUISITIVE
A READER
A WRITER
A STORYTELLER
MINDFUL
A LISTENER
JOYFUL
HAPPY
A FRIEND
RESPECTFUL



For books and resources
to empower children go to
www.e2publishing.info



Until next Time

28th April 2020

- Stay safe, by Washing your Hands and stay at home until it's time for some exercise.
- Stay healthy, by doing a bit of exercise every day.
- Keep positive, by reminding yourself, You are an **Amazing Child**.

And remember we won't be indoors forever

[Childline | Childline](https://www.childline.org.uk)

1. <https://www.childline.org.uk>

2. Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send **Childline** an email or post on the message boards



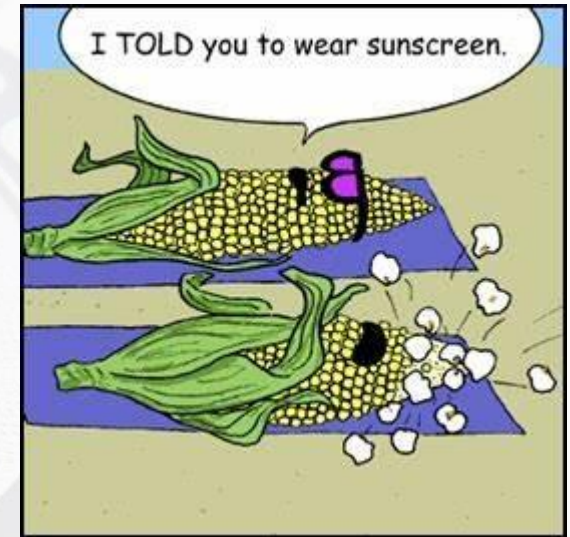
Answers to Riddles

Riddle: Why are Teddy Bears never hungry:

Answer: Because they are always stuffed.

Riddle: What do you call a Fairy who hasn't taken a bath.

Answer: Stinkerbell



Why did the
Banana go to the
Doctor?

It wasn't Peeling well!

How does the
Ocean say Hello?

It waves Hello!

What do you call
a bear with no
teeth?

A Gummy Bear!