

# Whilst You Are At Home

## We are going to stay in touch



Edition 7

# Positive messages of the week

Hello Everybody

We still enjoy seeing all your lovely rainbows.

Some good news from the government this week as they announced we can take more exercise and even think about some of you going back into School!, and so NOW is the time for all of you to "Do Your Bit" for Great Britain and our NHS!. As you are aware everything that we do has a consequence, therefore we need you to really think about your safety. And so from this week we will discuss Road Safety and Safety whilst you are at home.

We hope you are still joining in with The Big Clap in support for all of our amazing NHS and Key workers on a Thursday.  
It has been nice to see more of you out and about in the last week as things start to improve and get better.

## Doing Our Bit for Great Britain and the NHS



# PC Panda, says



While, you are out getting some exercise, Don't forget the

## Green Cross Code

When crossing roads follow these simple steps:

- 1 Always find a safer place to cross, then stop.
- 2 Stand on the pavement, but not too close to the edge of the kerb.
- 3 Look and listen in all directions for any traffic.
- 4 Cross when there is no traffic and there is **enough time** to get to the other side. If you are not sure, don't cross.
- 5 Keep looking and listening for traffic as you cross.
- 6 Walk straight across the road. Do not run.

Illustration of a boy with a skateboard pointing to the Green Cross Code sign.

# Pc Panda's messages When you are out on your bike



Always wear a helmet



Be visible – wear bright clothing and have front and rear lights at night



Look after your bike and check it is safe every time you use it



Get trained to use the roads properly



Don't listen to music whilst riding your bike



Only one person on the bike at a time



Pushing your bike over roads and crossings



Using your mobile phone whilst riding your bike

# Being a responsible passenger in a car

Remember to first put on your seat belt, this will keep you safe. It is also the law.

And Don't distract the driver. Allow them to concentrate on the road.





If it is your Birthday this week

# Happy Birthday

Happy Birthday to you, Happy Birthday to you, Happy Birthday Special person  
Happy Birthday toooo yooooou





# Activities

Busy Bees



**Riddle:** I am full of holes, I can hold water,  
what am I?

Answers on last slide, no peeking until you've had a go at this!

**Riddle:** how do bees get to school?

Answer: on last slide, no peeking until you've had a go at this!

**Riddle:** What's really easy to get into,  
and hard to get out of?

Answers on last slide, no peeking until you've had a go at this!



## Back by popular demand

And now for the detectives out there!

### “Find it”

Look around your home and again when you are out doing some exercise to see if you can find these items.

Rules - Don't collect or move living things, leave them alone. And don't touch yucky or smelly things.

1. Something smelly
2. Something furry
3. Something crunchy
4. Something light
5. Something heavy
6. Something spotty
7. Something yucky
8. Something wet
9. Something round
10. Something stripy



What goes up and down the stair but doesn't move?



Answer on last page

George walked for thirty minutes in the pouring rain without getting a single hair on his head wet, he had no hat, umbrella and his coat had no hood? How did he do it?

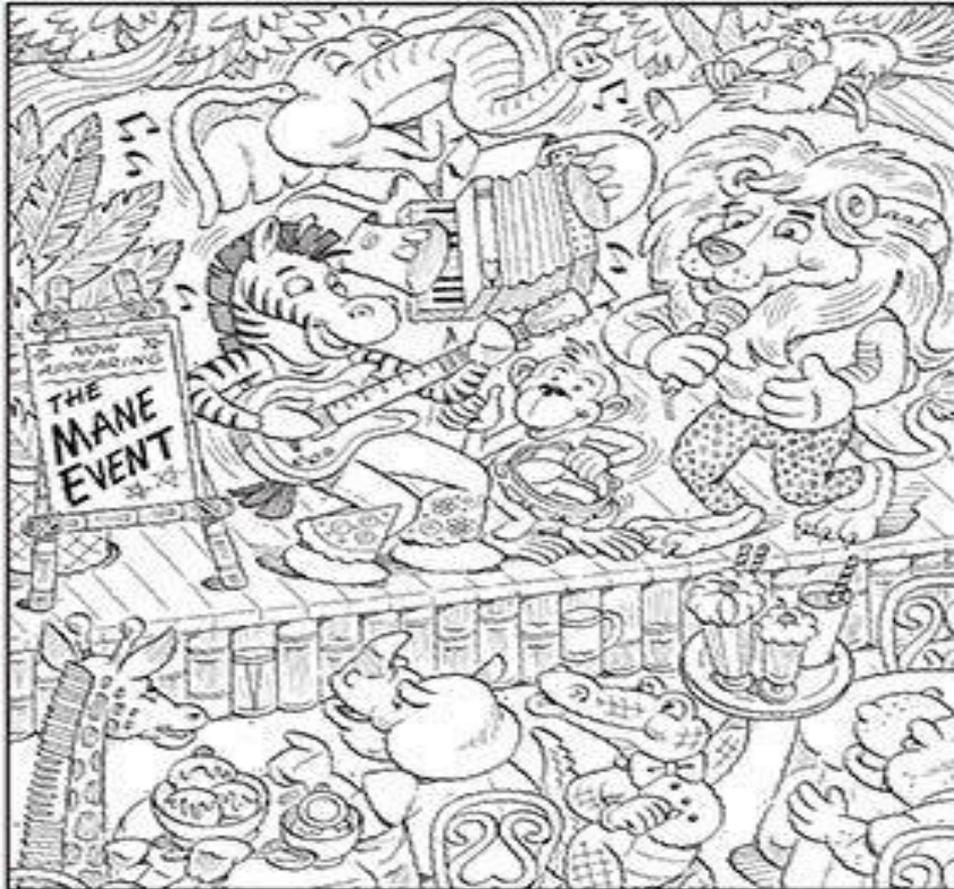
Answer on last page



# Hidden Pictures®

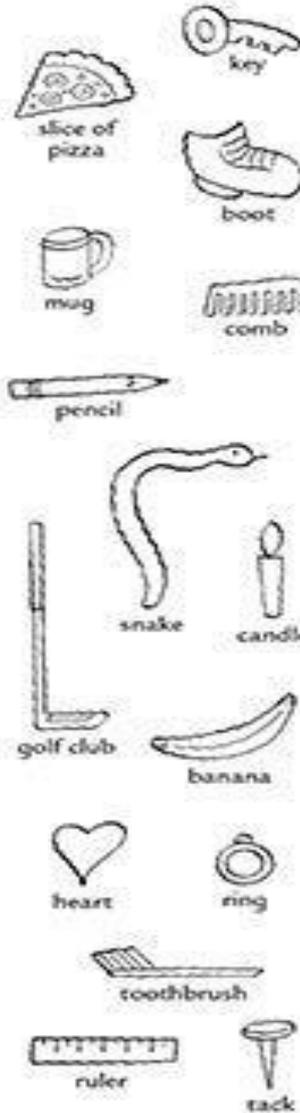
## Safari Onstage

By David Helton



In this big picture, find the key, slice of pizza, boot, mug, pencil, comb, golf club, candle, banana, heart, snake, ring, ruler, toothbrush, and tack.

Can you find these hidden objects?



Cheshire Constabulary



Highlights

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# Until next Time

## 26<sup>th</sup> May 2020

- Keep washing your hands and carry on with your exercise.
- Stay healthy, by doing a bit of exercise every day.
- Keep positive, by reminding yourself, You are an **Amazing Child**.

**Do Your Bit for Great Britain and the NHS**

### **Childline | Childline**

1. <https://www.childline.org.uk>

2. Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send **Childline** an email or post on the message boards



# Answers to Riddles

**Riddle:** What goes up and down the stair but doesn't move?

**Answer:** Carpet

**Riddle:** George walked for thirty minutes in the pouring down rain without getting a single hair on his head wet, he had no hat, umbrella and his coat had no hood? How did he do it?

**Answer:** He had no hair

**Riddle:** I am full of holes, I can hold water, what am I?

**Answer:** A sponge.



**Riddle:** how do bees get to school?

**Answer:** A school Buzz.



**Riddle:** What's really easy to get into, and hard to get out of?

**Answer:** Trouble.