

Headteacher
Miss Paula Casey

Telephone: 01928 711401



Northwich Road
Runcorn
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1st April 2020

Dear Parents and Carers,

We hope you are all keeping well and safe during this time. We have been gathering lots of useful local information which may be helpful to you and your family during this difficult time. We will be continuing to search for local support and shall update you with further information over the coming weeks. We will also continue to update our class pages and school website with information, so please check as often as possible. Please keep in mind that if your circumstances change you may be eligible for Free School Meals, you can apply via:

<https://www3.halton.gov.uk/Pages/EducationandFamilies/Schools/FreeSchoolMeals.aspx>

There is nothing more important in the coming weeks than your family and loved ones. So, please take care of yourselves and take care of each other.

If you need support/advice, please do not hesitate to get in touch.

Kind Regards
Yours sincerely,

A handwritten signature in black ink, appearing to read 'Paula Casey'.

Paula Casey (Headteacher)

COUNCIL TAX SUPPORT & WELFARE ADVICE

Support information around paying council tax for members of the public who are struggling financially
<https://www3.halton.gov.uk/Pages/CouncilandBenefits/Housing-Benefits.aspx>

CORONAVIRUS AND YOUR MENTAL HEALTH AND WELLBEING

There are lots of things you can try to do to help with your mental health and wellbeing during this difficult and stressful time whether you are self-isolating or distancing yourself socially
Please see below for supporting agencies.

Adults

Mind- things you can do to help your mental health

Local Help Site <https://www.local-help.site/halton>

HIT – Health Improvement Team Halton Health Improvement Team & Sure Start to Later Life have provided a very detailed support toolkit - **Covid-19 Comms Toolkit**



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Please visit website - <https://www4.halton.gov.uk/Pages/health/hit/Campaigns.aspx>

Children and Young people

Young Minds- Looking after your mental health while self-isolating. Info for young people

Child Line- Info and advice for children on worries about the world including coronavirus

Anna Freud- supporting young people's mental health during periods of disruption

Older people

Age UK- info and advice regarding coronavirus – to support age 70+ in isolation – can offer food deliveries, health advice/ support

Monday – Thursday – 10am – 2pm Telephone - **0300 0031992**

The Silver line- helpline providing info, advice and friendship to older people

Parents and Carers

Young Minds- talking to your child about coronavirus

Carers UK - help and advice about coronavirus

Anna Freud- supporting young people's mental health during periods of disruption

Nightstop Communities Northwest – (open for over the phone Crisis Support) **0151 345 6454**

Halton Lodge Children's Centre – Over the phone advice/support / signposting / foodbank vouchers **Grangeway Runcorn – 01928 573107**

Women's Centre – Castlefields Runcorn – Telephone support – **01928 566073**

Financial help and Rights

<https://www.gov.uk>- coronavirus support for employees benefit claimants and businesses

Citizens Advice Consumer Helpline 0808 223 1133.

Welfare Rights The primary means to access the Welfare Rights Service is via the telephone on **0151 511 8930.**

Housing Solutions please email housing.solutionsteam@halton.gov.uk

Buttle Uk <https://www.buttleuk.org/need-support/families/all>

Well Being Enterprises –

Wellbeing Enterprises are offering a range of support services for people living and working in Halton during Covid-19.

www.wellbeingenterprises.org.uk

Telephone for support or video call -**01928 589 799** - Monday – Friday 9am – 5pm

Halton Community Shop

Priory House, Northway, Runcorn WA7 2FS – **01928 759574**

<https://www.companyshopgroup.co.uk/apply-for-membership/community-shop>

“In response to then current situation, we at Community Shop remain open and we are welcoming any local families (irrespective if they aren't a member). We are well stocked so are happy to help the community with up to 70% discount on high-street brand foods. “



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Red Cross Food shopping for families who are in isolation - The person making phone call must be over 18, they must pay using cash only and they must have a shopping list ready. They will do a maximum of one visit per week to the family. Telephone - 0151 424 7873

Food Banks in Runcorn – <https://runcorndistrict.foodbank.org.uk/>

1 Foodbank Venue is open each day to collect food as follows – Please BRING YOUR VOUCHER

MONDAY 13.15 – 15.15

Halton Haven Day Centre, Barnfield Avenue, Murdishaw WA7 6EP

TUESDAY 13.00 – 15.00

St Bertelina's Church, Norton Hill, Windmill Hill WA7 6QE

WEDNESDAY 14.00 – 16.00

Brook Chapel, Boston Avenue WA7 2DE

THURSDAY 13.00 – 15.00

Christ Church, Chester Close, Castlefields WA7 2HY

FRIDAY 11.00 – 13.00

Hope Corner (Old Town) 139 Church Street WA7 1LA

13.00 – 15.00

Frodsham Guide HQ, Ship Street, Frodsham WA6 7NW

SATURDAY 10.00 – 12.00

Bethesda Church, Lapwing Grove, Palacefields, WA7 2TP

Food Bank Vouchers- can be obtained from the following services-

Attendance & Behaviour Service (HBC)

British Red Cross (Care in the Home Service)

Change, Grow, Live (CGL)

Changing Lives

Cheshire Police

Child in Need – Runcorn

Children in Care + Care Leavers

Christians Against Poverty

Citizens Advice Halton

Community Bridge Building Team

Community Shop Runcorn

Crisis

Early Intervention in Psychosis Team

GP Practices

HBC Social Services (IAT) Initial Assessment Team

Halton Housing Trust – Tenancy Support Team

Halton Housing Trust – Welfare Benefits Team

Halton Housing Solutions



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Halton Lodge Children's Centre – Grangeway Runcorn

Halton People Into Jobs

Hope Corner Community Church

IDAT (Integrated Domestic Abuse Team)

Jobcentre Plus

Liverpool Housing Trust

Medaille Trust

Navigate

Nightstop Communities Northwest

Outreach Team (Mental Health)

Plus Dane Shap Ltd

Rapid Access Rehabilitation Services (RARS)

Recovery Team (Mental Health)

Riverside College

Riverside Housing Association

Royal British Legion

Sure Start To Later Life

St Edward's Church

Think Wellbeing Halton

Umbrella Halton

Urgent Care Team (Widnes Walk-in Centre)

Weavervale Housing Trust

YMCA (Creative Support)

Young Addaction Halton

Young Parent's Midwife

SCAMS RELATING TO CORONAVIRUS-

Halton's Trading Standards are issuing advice having been made aware of a number of scams relating to coronavirus. Scammers are already exploiting the coronavirus situation, cashing in on people's concerns and fears. There are current scams here and abroad:

Charities must be registered with the Charity Commission (<https://beta.charitycommission.gov.uk/>) – check they are legitimate before you donate

If you or somebody you know has been caught out by a scam or fraud please contact one of our specialist officers, **Linda or Sue on 0151 511 8785 or 0151 511 8775**, who are already working with people in Halton who have lost thousands of pounds to scams.

Online Safety-

<https://www.thinkuknow.co.uk/>

<http://www.ceop.police.uk/>

<https://www.childnet.com/resources/online-safety-activities-you-can-do-from-home?utm>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>



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